

STARTER

EDAMAME	8.50
gf boiled soybeans in the pod (eat the bean not the pod)	
GOMA WAKAME	8.50
seaweed salad	
GYOZA	9.50
fried/steamed dumpling	
NATTO ISOBE AGE	10.50
tempura fried fermented soybean wrapped in nori	
SPRING ROLLS	8.50
TOFU	9.50
AGEDASHI TOFU deep fried tofu•soy•ginger	
gf SPICY TOFU PIRIKARA pan fried tofu•chilli sauce	

SALAD

salad of mixed greens with Jitsu's special dressing	
TOFU	18.00
gf FRESH	
FURAI crumbed•plain/bbq/spicy	
VEGAN MEAT	18.00
GRILLED regular/spicy	
KATSU crumbed•plain/bbq/spicy sauce	
TERIYAKI	
SIDE SALAD	8.00

TEMPURA

KAKIAGE thin cut vegetable	11.00
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DONBURI

rice bowls topped with your choice of main and a miso or vegetable soup

	med	large
KAKIAGE DON	13.00	18.00
thinly sliced vegetable tempura		
TOFU	13.00	18.00
gf GRILLED regular/spicy		
KATSUDON not vegan! egg•onions		
TOFU FURAI plain/bbq/spicy		
TERIYAKI		
VEGAN MEAT	14.00	19.00
GRILLED regular/spicy		
KATSU crumbed•plain/bbq/spicy		
TERIYAKI		
add extra meat	5.00	6.00
add extra tofu	3.00	3.00

VEGAN CURRY

Japanese curry with rice and miso soup

	med	large
TOFU FURAI	14.00	19.00
VEGAN KATSU MEAT	15.00	20.00
VEGETABLE	13.00	17.00

JITSU PLATE

tofu•vegan meat with rice,
side salad/stir-fried veges/coleslaw•miso soup

TOFU	19.00
gf GRILLED regular/spicy	
TERIYAKI	
FURAI crumbed•plain/bbq/spicy	
VEGAN MEAT	20.00
GRILLED regular/spicy	
KATSU crumbed•plain/bbq/spicy	
SHOGAYAKI capsicum•ginger	
TERIYAKI mushrooms	

BENTO BOX

choice of main•rice•assorted sides•pickled vegetables
•miso/vegetable soup

TEMPURA	22.00
KAKIAGE	
TOFU	20.00
TERIYAKI	
FURAI crumbed•plain/bbq/spicy	
VEGAN MEAT	21.00
TERIYAKI	
KATSU crumbed•plain/bbq/spicy	

TEPPANYAKI

sizzling meals your choice of main•stir fried
vegetables•rice•miso/vegetable soup

gf TOFU	20.00
VEGAN MEAT	22.00

BANQUET

selection of dishes, meant to be shared
(minimum of 4 persons)

SUSHI•SPRING ROLLS
MISO/VEGETABLE SOUP
KAKIAGE vegetable tempura

TOFU (grilled/furai)•
VEGAN MEAT (katsu/teriyaki/shogayaki)•
YASAI (stirred vegetables)

STEAMED RICE per person 40.00

EXTRAS

STEAMED RICE	3.00
MISO SOUP	3.00
gf VEGETABLE SOUP	3.00
PLAIN VEGAN CURRY small bowl	6.00
gf SIDE SALAD	8.00
gf SIDE STIR-FRIED VEGETABLES	6.00

NOODLE SOUP

build your own soup

	med	large
	14.00	19.00

CHOOSE NOODLE

UDON thick wheat noodle	
SOBA buckwheat noodle	add 3.00
extra noodles	add 3.00

CHOOSE SOUP BASE

MISO fermented soybean flavour
SHOYU soy sauce base
VEGAN CURRY

CHOOSE TOPPING

TOFU/DUMPLINGS/VEGAN MEAT	
extra TOPPINGS	add 6.00

YAKIUDON

stir-fried noodles with vegetables
YAKIUDON (thick wheat noodle)

TOFU/VEGAN MEAT YAKIUDON 18.00

YASAI ITAME

stir-fried vegetables

gf TOFU	17.00
VEGAN MEAT	17.00

MAKI SUSHI

8pc

VEGETABLE

gf Capsicum•carrot•cucumber	12.00
gf add avocado	.50

VEGAN MEAT

Crispy vegan meat•lettuce•vegan mayo	14.00
Teriyaki vegan meat•vegetables	14.00

HOSOMAKI

single filling thin roll 6pc

CRISPY VEGAN MEAT	8.00
TERIYAKI VEGAN MEAT	8.00
gf AVOCADO	8.00
gf CUCUMBER	8.00

INARI SUSHI

Tofu pockets filled with sushi rice 2pc 8.00

ONIGIRI

rice balls 2pc

CRISPY VEGAN MEAT•MAYO	8.00
TERIYAKI VEGAN MEAT•AVO	8.00
gf VEGETABLES	7.00
add spicy garlic sauce to riceball	+ 0.50

GUNKAN

'gunboat' 2pc
rice and tempura bits wrapped in nori
SPICY AVOCADO 12.00

NIGIRI

2pc

VEGAN MEAT KATSU 8.00

MIXED PLATTERS

combinations of different sushi types

VEGAN PLATTER	17.00
VEGETARIAN PLATTER	17.00

Please inform waitstaff of any allergies or dietary restrictions
before you order and we will try to accomodate.
gf can be made gluten-free upon request